



Imagination is more powerful than knowledge. Albert Einstein

Einstein famously said: *"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world".*

PREMISES

A premise is a working assumption about the way in which something works. These premises underpin The Shine Schools approach to designing creating and living attuned to your heart's greatest desires. By working with these premises you will achieve extraordinary results.

1 *YOUR FOCUS CREATES YOUR REALITY*

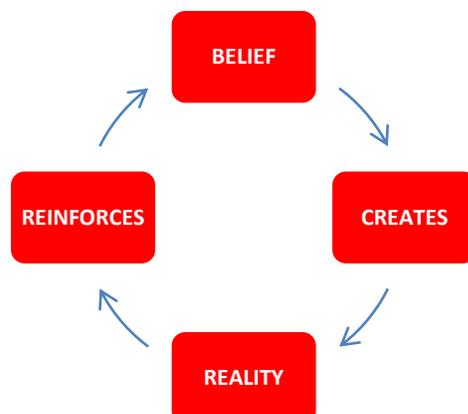
Where you place your attention is the basis for everything you create in your life. Your results will always inform you of what you are truly focused on. Mostly what you think you are focused on is not what you are really focused on.

2 *ASPECTS OF CONSCIOUSNESS*



3 *BELIEFS CREATE REALITY*

Most of us live in the jail cell of our beliefs. We go through life unaware of the unconscious assumptions we are living within. When the truth of life hits home you realize there is no inherent meaning to life: we make it all up. In fact we make everything up. We create meaning and then live as if it is true. Listening to your intuition you can begin to decipher your soul's true calling and act in accord with as new reality.





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4 *TENSION SEEKS RESOLUTION*

Creative tension underpins the creation of all results and outcomes. Tension is often thought of as a negative. However, the mastery of manifestation lies in your ability to hold the tension and resolve it aligned with your soul's calling.

Most of us resolve the tension egoically ie emotionally or psychologically, and fall short of achieving what is truly calling us. Egoic resolution is rooted in our beliefs(s) seeking compensation.

Your subconscious creates based on where it perceives the power to be. It always wants to know where the power is. When you resolve the Creative Tension egoically you reinforce that the power is in your beliefs.

Ways we resolve tension egoically: collude, withdraw, revenge, blame, tell yourself you didn't want it, sulk, get upset, give up, procrastinate, substance abuse, self harm, among others.

5 *DEFINITION CREATES PERCEPTION*

Your true nature is pure undiluted intelligence connected to the field of all possibilities. We take form as a human being and start to function at a lesser level of intelligence. We are taught to see and respond to the world through the lens of our mind and emotions. We begin to define ourselves based on the meaning we ascribe to what is happening in our lives. The mind decides and defines and divides how we see ourselves, others and the world. We then create our version of the world as an unassailable reality, and decide this IS what life is.

6 *INDIVIDUATION*

Our central premise is that we are all divine in nature unbounded and connected to the field of all possibilities. We arrive on earth with a soul purpose and the desire to live according to the genius within us. From the moment we are born we start to create an individual sense of self, this is the process of individuation. Mostly we come to believe in a lesser version of ourselves, and identify with a sense of separation. The premises bring us back into the experience of our true connected all expansive nature.